

**TO:** Our Valued Clients and Brokers

FROM: Health Plans, Inc. DATE: May 10, 2022

RE: Updated United States Preventive Services Task Force Recommendations

Health Plans, Inc. (HPI) is issuing this Compliance *eBlast* to notify you of recently issued United States Preventive Services Task Force (USPSTF) recommendations that affect preventive services coverage for nongrandfathered health plans in accordance to the Patient Protection and Affordable Care Act of 2010. The new USPSTF recommendations and effective dates are as follows:

### - Lung Cancer Screening, including Low-Dose Computed Tomography (LDCT)

- o Prior recommendation: Applies to individuals age 55 or older
- o Updated recommendation: Applies to individuals age 50 or older
- o Effective date of change: Plan years beginning on or after April 1, 2022

## Routine Colorectal Cancer Screening

- o Prior recommendation: Applies to individuals age 50 or older
- Updated recommendation: Applies to individuals age 45 or older
- o Effective date of change: Plan years beginning on or after June 1, 2022

HPI will automatically amend all of our clients' non-grandfathered plans in accordance with the new recommendations.

**Please do not reply to this email.** Please contact the HPI Account Service Team directly if you have questions regarding the updated USPSTF recommendations and their impact to your group health plan(s).

#### Regards,

# Andrew H. A. Meggison

Director, Regulatory Affairs

#### HealthPlansInc.com

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The information in this Compliance *eBlast* is intended to provide a summary of our understanding of recent regulatory developments which may affect our clients' plans. It should not be construed as specific legal advice or legal opinion.